



Safer Internet Day 2024

Together for a better internet

Tuesday
6 February

We teach the children about Online Safety throughout the school year, but also have focussed weeks to raise the profile of this important area to children and families. This week, we are taking part in the national **Safer Internet Day** with classes learning about how to '**Manage online information**' and '**Online reputation**'. Full details of what will be taught, can be found at the end of this newsletter.

Children's Mental Health Week 2024

Here at Mossgate Primary School we do lots to support children's mental health and well-being including all classes having this as a focus for our Autumn Term learning, weekly mindfulness sessions and having a dedicated Mental Health Practitioner to support children and parents with a range of mental and health and well-being needs.

This year we're proud to be taking part in @Place2Be's #ChildrensMentalHealthWeek (5-11 February 2024). 1 in 6 children and young people have a diagnosable mental health condition. This week we are raising awareness of the importance of children and young people's mental health. This year's theme is My Voice Matters, and @Place2Be hopes to empower, equip and give a voice to every child in the UK.

Our plans for this week:

- A special assembly with the theme 'My Voice Matters' with Mr Smith and Kate, our Mental Health Practitioner.
- Kate will be visiting all KS2 classes to complete a short Well-Being questionnaire. We will then use this to identify topics and themes for us to support over the coming months.
- All classes will take part in workshops and sessions around the theme 'My Voice Matters' with Mrs Boswell and/ or their teachers.
- We will share support information and advice each day on Facebook.

On Friday, we will have an 'Express Yourself Day'. On this day we will encourage children and young people to celebrate what makes them unique with a non-uniform day. The children could:

- Let your personality shine through by wearing your favourite colours
- Show off your team spirit with your favourite team's kit
- Come as you are and wear your comfiest clothes!
- Wear something linked to a hobby they have.
- Or it could just be coming in as themselves.

Wear what makes you... you and celebrate what sets you apart. Express Yourself is about letting children's voice shine through and empowering them to tell their own stories! On the day, children are welcome to bring a voluntary donation that we will donate to 'Place2Be' to support the fantastic work that they do.

To find out more visit: www.childrensmentalhealthweek.org.uk

Mrs Boswell



Reception Places for September 2024

We are delighted to be oversubscribed once again with 105 families choosing Mossgate Primary School for September 2024 due to our strong reputation in local area. An amazing **forty-six families** put Mossgate as their **first choice** which reflects the brilliant work of all staff at Mossgate and the support you provide at home as well. *'Working together to achieve success'*.

Dates for your Diary

Thurs 08/02	Local artist, Helen Yates, working with Y3
Fri 09/02	Reception class parent event in the hall, 1pm – 'Come and see how we learn'
Fri 09/02	'Express Yourself' Non-Uniform Day
Fri 09/02	School closes for February half-term
Mon 19/02	School reopens – no clubs this week
Thurs 22/02	PSFA Spring Disco (£2.50 for entry, bag of Haribo and juice, entertainment and games)
Mon 26/02	Clubs resume
Mon 04/03	Academy Photography in for class & leavers photos
Wed 06/03	Reception walk to the post box to post cards
Tues 12/03	Governors' School Improvement Committee, 4:30pm
Wed 13/03	Parents' Evening with children's books – booking details to be sent next week
Fri 15/03	PSFA Non-uniform – chocolate donations please
Fri 15/03	Red Nose Day – fundraising activities to be organised by the Mossgate Parliament
Fri 15/03	Reception Stay and Learn Afternoon in the hall, 1pm
Tues 19/03	Y5&6 Be The Change Trip to Lancaster University
Thurs 21/03	Y2 taking part in Singing Festival, Lancaster Town Hall
Fri 22/03	Y3 taking part in Singing Festival, Lancaster Town Hall
Mon 25/03	No clubs this week
Wed 27/03	Y4 Virtual Ancient Greece session with the British Museum
Wed 27/03	PSFA Chocolate Tombola, after school
Wed 27/03	PSFA Easter Bingo, 6-8pm (£1 per book of 6 games / drinks and sweets on sale)
Thurs 28/03	School closes for the Easter break
Mon 15/04	School reopens for the summer term

Safer Internet Week – February		
	Managing online information	Online reputation
EYFS	<p>I can talk about how to use the internet as a way of finding information online.</p> <p>I can identify devices I could use to access information on the internet.</p>	<p>I can identify ways that I can put information on the internet.</p>
Y1	<p>I can give simple examples of how to find information using digital technologies, e.g. search engines, voice activated searching.</p> <p>I know / understand that we can encounter a range of things online including things we like and don't like as well as things which are real or make believe / a joke.</p> <p>I know how to get help from a trusted adult if we see content that makes us feel sad, uncomfortable, worried or frightened.</p>	<p>I can recognise that information can stay online and could be copied.</p> <p>I can describe what information I should not put online without asking a trusted adult first.</p>

Y2	<p>I can use simple keywords in search engines.</p> <p>I can demonstrate how to navigate a simple webpage to get to information I need (e.g. home, forward, back buttons; links, tabs and sections).</p> <p>I can explain what voice activated searching is and how it might be used, and know it is not a real person (e.g. Alexa, Google Now, Siri).</p> <p>I can explain the difference between things that are imaginary, 'made up' or 'make believe' and things that are 'true' or 'real'.</p>	<p>I can explain how information put online about someone can last for a long time.</p> <p>I can describe how anyone's online information could be seen by others.</p> <p>I know who to talk to if something has been put online without consent or if it is incorrect.</p>
Y3	<p>I can demonstrate how to use key phrases in search engines to gather accurate information online.</p> <p>I can explain what autocomplete is and how to choose the best suggestion.</p> <p>I can explain how the internet can be used to sell and buy things.</p> <p>I can explain the difference between a 'belief', an 'opinion' and a 'fact. and can give examples of how and where they might be shared online, e.g. in videos, memes, posts, news stories etc.</p>	<p>I can explain how to search for information about others online.</p> <p>I can give examples of what anyone may or may not be willing to share about themselves online. I can explain the need to be careful before sharing anything personal.</p> <p>I can explain who someone can ask if they are unsure about putting something online.</p>
Y4	<p>I can analyse information to make a judgement about probable accuracy and I understand why it is important to make my own decisions regarding content and that my decisions are respected by others.</p> <p>I can describe how to search for information within a wide group of technologies and make a judgement about the probable accuracy (e.g. social media, image sites, video sites).</p> <p>I can describe some of the methods used to encourage people to buy things online (e.g. advertising offers; in-app purchases, pop-ups) and can recognise some of these when they appear online.</p> <p>I can explain why lots of people sharing the same opinions or beliefs online do not make those opinions or beliefs true.</p>	<p>I can describe how to find out information about others by searching online.</p> <p>I can explain ways that some of the information about anyone online could have been created, copied or shared by others.</p>

<p>Y5</p>	<p>I can explain the benefits and limitations of using different types of search technologies e.g. voice-activation search engine. I can explain how some technology can limit the information I am presented with.</p> <p>I can explain what is meant by 'being sceptical'; I can give examples of when and why it is important to be 'sceptical'.</p> <p>I can evaluate digital content and can explain how to make choices about what is trustworthy e.g. differentiating between adverts and search results.</p> <p>I can explain key concepts including: information, reviews, fact, opinion, belief, validity, reliability and evidence.</p>	<p>I can search for information about an individual online and summarise the information found.</p> <p>I can describe ways that information about anyone online can be used by others to make judgments about an individual and why these may be incorrect.</p>
<p>Y6</p>	<p>I can explain how search engines work and how results are selected and ranked.</p> <p>I can explain how to use search technologies effectively.</p> <p>I can describe how some online information can be opinion and can offer examples.</p> <p>I can explain how and why some people may present 'opinions' as 'facts'; why the popularity of an opinion or the personalities of those promoting it does not necessarily make it true, fair or perhaps even legal.</p> <p>I can define the terms 'influence', 'manipulation' and 'persuasion' and explain how someone might encounter these online (e.g. advertising and 'ad targeting' and targeting for fake news).</p> <p>I understand the concept of persuasive design and how it can be used to influence peoples' choices.</p> <p>I can demonstrate how to analyse and evaluate the validity of 'facts' and information and I can explain why using these strategies are important.</p> <p>I can explain how companies and news providers target people with online news stories they are more likely to engage with and how to recognise this.</p> <p>I can describe the difference between online misinformation and dis-information</p> <p>I can explain why information that is on a large number of sites may still be inaccurate or untrue. I can assess how this might happen (e.g. the sharing of misinformation or disinformation).</p> <p>I can identify, flag and report inappropriate content.</p>	<p>I can explain the ways in which anyone can develop a positive online reputation.</p> <p>I can explain strategies anyone can use to protect their 'digital personality' and online reputation, including degrees of anonymity.</p>

Community News

Staff will often post details or services, clubs and events on Facebook, but I will try to include in future newsletters so that those not on Facebook will also receive details.



Family Swim

Public Family Swim in February
Half Term
12th Feb - 16th Feb
3 x 45 min sessions
@ Bay Leadership Academy

**Booking is
ESSENTIAL (Scan
QR Code to book)**

Milly's Little Minnows



Virtual Drop-In
for Parents and Carers

Every Thursday, 1-1.30pm

Advice for parents and carers as to what is available to support them from the Children and Family Well-being Service and the wider community

We'll provide: a warm welcome & listening ear; informal advice; information about groups & CFW offer; signposting to local support groups... and much more!

Please contact us with any queries
cfwlancastercommunity@lancashire.gov.uk

[Click here to join the meeting](#)

Meeting ID: 362 226 377 186
Passcode: ySbzbJ

Lancashire County Council FAMILY HUBS



Fall In Love With Learning
on a Pre-Access Course

Are you ready to take the first step towards the career you've always dreamed of? Have you been out of education for a while and lack confidence in the classroom? Would you like to gain additional qualifications to progress in your existing job role?

The Level 2 (Extended) Certificate in Health and Social Care Professions could be for you!

The course takes place over a 12 week period, starting on 26 February 2024 and will be held on Mondays from 9:15am-12:15pm. This course is part time and can be studied alongside other part time courses, such as functional skills maths and English. It is assessed through portfolio work only meaning there are no exams. Upon completion there is opportunity for progression onto higher level courses, such as the Access to HE Diploma.

For more information visit our website
lmc.ac.uk/courses

Or contact Laura Walker - L.Walker2@lmc.ac.uk

Financial support
including course and travel expenses, and a loaned laptop may be available. You may also be eligible for a fee reduction or free study.

www.lmc.ac.uk hello@lmc.ac.uk



Parent Workshops
at Morecambe and Lancaster College
@The Hub

Wednesday, 27th March 1.00-2.30 PM
Teenage Brain

Thursday, 23rd May 10.00-11.30 AM
Transitions

Wednesday, 10th July 10.00 - 11.11.30 AM
Parent Resilience/ Rest

If you would like any more information please email our practitioner
Katie Lewis at katielewis@barnardos.org.uk

Believe in children
Barnardo's

MOVING MINDS

What's On At Our Centres?

January - February 2024

Lune Park

Ryelands Park, Owen Road,
Lancaster, LA1 2LN

Monday:

Baby & You (0-pre walkers)
10am - 11am

Tuesday:

Infant Massage (B)
10am - 11am
11am - 12pm

Chat, Play & Read
1pm - 2.30pm

Wednesday:

Development Matters
9.30am - 10.30am

Chill & Chat
10.30am - 11.30am

Colourful Footsteps
1pm - 2.30pm

Thursday:

Triple P Group (B)
9.30am - 11.30am

Inside Out (8-11 years)
3.30pm - 4.30pm

Bump, Birth & Beyond (B)
5.30pm - 7.30pm

Friday:

Mini Move & Groove
9.30am - 11am



Do you want to know more information about the sessions, or have a general query about what else we offer?



Give us a call on
01524 581280

Poulton Sensory Room

Poulton Sensory Room is available to use **free** of charge at Poulton Neighbourhood Centre.

Use of the Sensory Room is subjected to availability.

The following sessions you need to book on to join in...

Infant Massage
Big Cook, Little Cook
Triple P Courses
Bump, Birth & Beyond Courses

Carnforth

Kellet Road, Carnforth, LA5 9LS

Monday:

FAB (Breastfeeding Support Group)
9.30am - 11am

Infant Massage (B) Starts Feb 2024
10am - 11am

Development Matters
1pm - 2.30pm

Inside Out
(8 - 11 years)
3.30pm - 4.45pm



Monday:

Special Guardianship
Stay & Play Group
9.30am - 11am
(1st Monday of the month)

Tuesday:

Baby & You (0 - pre walkers)
9.30am - 10.30am

Deaf Baby Group
1 - 2.30pm

Big Cook, Little Cook (B)
3.30pm - 4.45pm

Westgate

Langridge Way, Westgate,
Morecambe, LA4 4XF

Wednesday:

Teen Triple P (B)
1pm - 3pm

Bump, Birth & Beyond (B)
5.30pm - 7.30pm



Thursday:

Chat, Play & Read
9.30am - 11am

Infant Massage (B)
1pm - 2pm

Friday:

Development Matters
9.30am - 11am

Poulton

Clark Street, Morecambe,
LA4 5HR

Monday:

Development Matters
9.30am - 11am

Infant Massage
1pm - 2pm

Wednesday:

Baby & You
9.30am - 10.30am

Friday:

FAB
(Breastfeeding
Support Group)
10.30am - 12.30pm



The Community Midwives Team and HRCG (Health Visitors) hold clinics across all our centres Monday to Friday.

To book into these please contact them on the following numbers:

Midwives: 01524 583367
Health Visitors: 03002470040



Need advice/support? Citizen Advice and Smoking Cessation in pregnancy hold clinics at our centres.

To book on, please contact them on the following numbers:

Citizen Advice: 01524 581280
Smoking Cessation: 07811072610

Morecambe Library

Central Drive, Morecambe, LA4 5DL

Monday:

Move & Groove (8 -11 years)
3.30pm - 4.45pm

Tuesday:

Young Parents to Be
1pm - 3pm

Inside Out (8 - 11 years)
3.30pm - 4.45pm



Lancaster and Morecambe Family Zone
For more information contact us on 01524 581280



INSIDE OUT

Come and make friends and have fun!

Children and Family
Wellbeing
Service

This group helps to support children who may be struggling to express and manage their emotions or are presenting with anxious behaviours and low self-confidence. (8-11 years - Key Stage 2)

In the sessions children will be able to:

- Explore wishes and feelings and understand worries.
- Look at ways to help manage strong emotions.
- Take part in creative and physical activities to encourage positive interaction with their peers.
- Build confidence and social skills.
- Meet new people and make new friends.
- Play games.

Most of all come along and have fun!!

Every Tuesday at Morecambe Library, Central Drive,
Morecambe LA4 4DW from 3.30pm to 4.45pm

FREE to attend.
Just turn up or ring
01524 581280
for more information.



Lancashire
County Council



Parents and Carers,
tell us about childcare
in Lancashire for your
school aged children.



Scan the QR code or visit:
<https://online1.snapsurveys.com/vt082j>

lancashire.gov.uk/childcare



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